

three beans

Free Range
Eggs. Bacon. Chicken

BREAKFAST

toast V with your choice of seasonal jam, marmalade, honey, peanut butter or vegemite sourdough, raisin gluten free add 2	6	bacon & egg roll with a free range egg and bacon, cheese, hash brown, BBQ sauce and spinach	14	breakfast burrito house smoked beans, chorizo, spinach, cheese, egg and jalapeno relish, add avo 2	15
egg on toast V poached, scrambled or fried, add your sides	13	chilli scramble V chilli oil infused scrambled eggs on sourdough topped with fresh chilli, feta and herbs	15	veggie burrito V house smoked beans, mushroom, spinach, cheese, egg and jalapeno relish, add avo 2	15
haloumi and mushroom roll V haloumi, field mushroom, egg, hash brown, spinach and BBQ sauce	15	eggs benny poached eggs with hollandaise and wilted spinach on an english muffin or sourdough Add bacon 5 or brisket 5	16	big breakfast 3860kj with 2 eggs, bacon, house smoked beans, mushrooms, hash brown & toast add avo 2	22

Please Order at the Counter

BOWLS

BBQ brisket bowl GF with BBQ brisket, rice, quinoa, spinach, tomato, corn salsa, avocado and sour cream	16.5
japanese chicken bowl panko crumbed chicken schnitzel, brown rice, avocado, slaw, edamame, sesame seeds, ponzu dressing and sriracha mayo Make it vegan: marinated tofu and vegan mayo	16.5

15% surcharge on public holidays

SOMETHING ELSE

fish and chips fish fillets served with fries	16
tacos x 2 two tacos with your choice of chicken, fish or slow cooked beef with salsa, slaw and sriracha mayo	14
banana bread V served toasted	6.5
served toasted with marscapone and berries	9.5
avo on toast V with toasted seeds and marinated fetta	15
bowl of fries	7.5

SANDWICHES

WRAPS

BURGERS

croque monsieur with ham, cheese and aioli toasted on sourdough	11.5	mediteranean veg wrap with marinated eggplant, haloumi, baby spinach, basil pesto and sundried tomatoes	16	BBQ brisket burger with slaw, pickles, aioli and cheese served with fries	16
reuben sandwich with slow cooked beef, sauerkraut, dijon, swiss cheese and pickle	14.5	chicken caesar wrap 2800kj crumbed chicken, cos lettuce, kale, avocado, bacon and crouton crumb and caesar dressing	16	chicken katsu burger 2530kj crumbed chicken breast with shredded cos, mayonnaise and katsu BBQ sauce, served with fries	16
classic chicken sandwich with free range poached chicken, mayo, swiss cheese, tomato and spinach on sourdough	14.5	BLT wrap with fries 2380kj with free range bacon, tomato, lettuce and pesto mayo on a wrap, served with fries	16	old school cheese burger 100 % beef pattie w/ cheese, lettuce, pickles, tomato sauce and mustard with fries add bacon 5	16

V = vegetarian VG = vegan

GF = made from gluten free ingredients but not in a gluten free kitchen

Sides

1 EGG . HASHBROWN . 3

HALOUMI . AVOCADO . MUSHROOMS . 4

HAM . POACHED CHICKEN . BACON . 5.0

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COFFEE

coffee

our own sustainable blend sourced from farmers we know and trust

S	4.6
M	5.1
L	5.7

chocolate

our hot chocolates and mocchas are made with 40% cocoa or our new white chocolate

S	4.6
M	5.1
L	5.7

extra shot/ bonsoy/ almond/ lactose free/
coconut/ oat/ maple syrup/ honey

0.8

chai brew

chai leaves brewed with milk, served with honey and cinnamon

5.5

turmeric latte

golden latte with all the spice

5.5

matcha latte

green matcha latte

5.5

tea drop organic teas

english breakfast, earl grey, spring green, peppermint, lemongrass & ginger

4.5

Dairy Free. vegan

SMOOTHIES

acai smoothie V

acai berry blended with coconut water and banana

10

cocoa banana V

banana, peanut butter, cocoa nibs, almond milk

10

green machine V

kale, lemon, avocado, coconut water, mint and apple juice

10

regular smoothies

blended fruit, yoghurt and honey

strawberry, banana, mixed berry

8

SHAKES

milkshakes

available in the classic flavours
thickshake + 1.5

7.5

ICED DRINKS

iced drinks

iced latte
iced moccha

iced long black
iced coffee + 1

iced chocolate

6.5

FRAPPE

blended ice, ice cream and your favourite flavour with whipped cream

8

FROM THE BAR

tap beer

young henry's lager & ale

8

house wines

white or rose

G 7
B 40

FOR THE LITTLE ONES

fairy bread 5

eggs on toast 9

bacon on toast 9

toasties 9

any combination of leg ham, cheese and tomato

