

three beans all day menu

toast with your choice of seasonal jam, marmalade, honey, peanut butter or vegemite sourdough, seeded sourdough, raisin	4.5
banana bread made in the three beans kitchen to our secret recipe, served toasted with marscapone and summer berries	8.5
avo on toast with toasted seeds and our marinated feta	9.0
spiced stone fruit bircher GF, V homemade bircher, spiced stone fruits, cinnamon, nuts, coconut yoghurt and berries	12.0
bacon & egg roll with a free range egg, free range bacon, cheese, hash brown, BBQ sauce and rocket	13.5
eggs on toast 2 free range eggs on toast (poached, scrambled or fried)	10.0
croissant benny poached eggs with hollandaise and wilted spinach on a freshly baked croissant Add salmon 5 or bacon 5 or brisket 5	14.0
sauteed mushrooms market fresh mushrooms, fried kale and a poached egg served with a tarragon infused hollandaise sauce	14.0
breakfast burrito house smoked beans, chorizo, spinach, cheese, egg, tomato salsa and jalapeno relish add avocado 2.0	14.0

add to your dish

- 1 egg	3.0	- poached chicken	5.0
- grilled tomato	3.0	- ham	4.5
- hash brown	3.0	- free range bacon	5.0
- haloumi	4.0	- smoked salmon	5.0
- avocado	4.0	- mushrooms	4.0
- hollandaise	3.0		

smoothie bowls GF, V acai acai berry blended with coconut water topped with paleo granola, coconut and summer fruit	16.5
healthy bowls GF corn and zucchini fritters GF served on a base of ancient grains, carrot, red cabbage, pickled cabbage, avocado and marinated feta	16.5
nourish bowl V our bowl of goodness with smoked salmon, grains, seeds, peas, kale, avocado, red cabbage, carrot, coriander and egg with ponzu dressing make it VEGAN with our 70's marinated Tofu	16.5
BBQ brisket bowl with BBQ brisket, rice, quinoa, rocket, tomato, corn and black bean salsa, avocado, sour cream and coriander	16.5
summer bliss bowl V zucchini ribbons, parsley, mint, coriander, cucumber, falafel, crispy chickpeas, hommus, tzatziki and pita bread	16.5

fries french fries or sweet potato fries	side 4.5
	bowl 6.5

kids menu

brekkie board seasonal fruit and yoghurt plus either an egg on toast or bacon on toast	10.0
kids toastie any combination of ham, cheese and tomato	6.0

Public Holiday surcharge 15%

PLEASE ORDER AT THE COUNTER WHEN READY

burgers chicken schnitzel burger with avocado, mayo, tomato, cheese and slaw served with sweet potato fries	16.5
12 hour brisket burger slow roast beef brisket, slaw, premium cheddar, smokey BBQ sauce and fries	16.5
fish taco's (x2) two taco's with fresh crumbed fish, salsa, chilli, slaw and sriracha aioli Add a third for 3.5	12.0
sandwiches grilled cheese classic grilled cheese toastie with jalapeno & gherkin relish	9.5
haloumi on rye haloumi, pesto, semi dried tomatoes, rocket and grilled mushrooms on seeded sourdough	12.5
reuben sandwich with slow cooked beef, sauerkraut, dijon, swiss cheese and pickle	12.5
classic chicken sandwich with free range poached chicken, mayo, swiss cheese, tomato and rocket on sourdough	12.5

we proudly serve

R.S.P.C.A approved free range chicken

R.S.P.C.A approved free range eggs

A.P.I.C certified free range bacon and ham

V = vegan

GF = made from gluten free ingredients but not in a gluten free kitchen

three beans

coffee

our own sustainable blend sourced from farmers we know and trust

S 3.9
M 4.4
L 5.0

chocolate

our hot chocolates and moccha's are made with single origin, 40% cocoa from Dominican Republic

S 3.9
M 4.4
L 5.0

extra shot/ bonsoy/ lactose free/ oat/ almond/ maple syrup

0.7

chai

chai leaves brewed with milk, served with honey and cinnamon

5.0

tumeric latte

golden latte with all the spice

5.0

matcha latte

green matcha latte

5.0

tea drop organic teas

english breakfast, earl grey, chamomile, spring green, peppermint, lemongrass & ginger

4.0

dairy free smoothies (vegan)

9.5

acai smoothie

acai berry blended with coconut water and banana

green machine 2.0

kale, lemon, avocado, coconut water, mint and apple juice

smoothies

7.5

blended fruit, yoghurt and honey

strawberry, banana, mixed berry

milkshakes

7.5

available in the classic flavours

iced drinks

5.0

coffee, chocolate, moccha, black

indulge yourself with one of our favourites

choc lover

9.0

chocolate thickshake with fresh whipped cream, choc drizzle, chocolate shavings, pretzel and popcorn

ice cream spider

7.0

creaming soda, ice cream, frozen berries and whipped cream



beer, wines and bubbles

tap beer

Newtownner, natural lager

7.0

wines

Villa Maria sauvignon blanc

G 7.0 B 35.0

Evans & Tate strawberry feilds rose

G 7.0 B 35.0

Pink bubbles - Tomich Hill G

G 7.0 B 35.0

Mimosa

7.0