

BREAKFAST

toast	6
with your choice of jam, marmalade, honey, vegemite or peanut butter (turkish, sourdough, rye) gluten free +1	
banana bread 2000kj	6.5
made to our secret recipe, toasted, served with butter	
ham, cheese croissant 1420kj	10
smoked ham and cheese croissant served toasted	
bacon and egg roll 2150kj	10.5
with a free range egg and free range bacon on a milk bun, make it deluxe - add a hash brown, cheese and relish 4	
breakfast wrap 2760kj	15
made with 2 free range scrambled eggs, cheese, bacon, rocket and tomato relish- add a hash brown 2	
eggs on toast 1690kj	13
2 free range eggs (poached, fried or scrambled) on toast	
chilli scrambled 1790kj	17
scrambled free range eggs with crispy chilli oil and crumbled marinated feta on sourdough	
eggs benedict 3340kj	16.5
poached eggs with hollandaise on toast add ham or bacon 5, add salmon 7	
vegetarian breakfast 2660kj	23
with eggs, avocado, mushrooms, grilled tomato, haloumi, spinach and toast	
big breakfast 3863kj	23
with 2 eggs, bacon, grilled tomato, mushrooms, hash brown, avocado and toast	
coconut bowl 2350kj	16
coconut sorbet with cocoa granola, berry coulis, seasonal fruit and toasted coconut	

Please Order at the counter

SANDWICHES & WRAPS

BRAT 2380kj	15	the schnitty 2200kj	14
with free range bacon, rocket, avocado, tomato and mayo on turkish			
vegetarian wrap 1810kj	15	pesto chicken 2460kj	15
with a corn and zucchini patty, tomato, beetroot hummus, avocado, lettuce sour cream and sweet chilli sauce			
classic chicken 2010kj	15	turkey and brie 2150kj	16.5
free range chicken, mayo, swiss cheese, tomato and mixed leaves on sourdough			
green goddess chicken 2440kj	15		
poached chicken, mayo, candied walnuts, cucumber, cos, cabbage, avocado and green goddess dressing			

Sides

1 EGG, AVOCADO, GRILLED TOMATO, HASH BROWN 4
MUSHROOMS, HALOUMI, MARINATED FETA 4.5
HAM, POACHED FREE RANGE CHICKEN, FREE RANGE BACON 6
SMOKED SALMON 7
BOWL OF FRIES 7

SOMETHING ELSE

corn and zucchini fritters 1010kj	16
our corn and zucchini fritters served with spicy tomato relish, avocado and rocket, add an egg 4 or bacon 6	
smashed avocado with honey, chilli haloumi 2080kj	17.5
with grilled haloumi, smashed avo, hot honey and crispy chilli oil on toasted sourdough	
the OG smashed avocado 2080kj	16.5
smashed avocado with our marinated feta and semi dried tomatoes on toasted sourdough	
smashed avocado with bush dust 2610kj	16.5
with native macadamia & finger lime bush dust, feta and herbs, served on toasted sourdough	

Please be aware that the food we serve may contain, egg, soy, tree nuts, peanuts, dairy. If you have any allergies, please let the staff know

15% SURCHARGE PUBLIC HOLIDAYS

= gluten free



COFFEE.TEA

coffee

our own sustainable blend sourced from farmers we know and trust

S 4.6
L 5.6

hot chocolate

our hot chocolates and moccas are made with our own blend of 40 % cocoa

S 4.6
L 5.6

alternate milk/ extra shot/ flavour/ decaf

0.8

malabar chai 910KJ

chai leaves brewed with milk, served with honey and cinnamon

6

tumeric latte 727KJ

S 4.5
L 5.5

matcha latte 727KJ

green matcha blended with milk

S 4.5
L 5.5

tea drop organic teas

english breakfast, earl grey, chamomile, spring green, peppermint, lemongrass & ginger

5

MILKSHAKES

regular shakes

available in all the classic flavours, blended with milk and ice cream - thickshake add 2

S 6
L 8

cookies and cream 1220KJ

cookies, ice cream, chocolate syrup and milk

9.5

peanut butter 1480KJ

peanut butter, ice cream and chocolate syrup

9.5

biscoff 1490KJ

lotus biscuit, biscoff cream, ice cream and milk

9.5

SMOOTHIES

Dairy Free

acai smoothie 1420KJ

acai berry blended with banana and coconut water

11

cocoa banana 2080KJ

banana, peanut butter, cocoa nibs, almond milk, coconut yoghurt and honey

11

green machine 828KJ

kale, lemon, avocado, coconut water, mint and apple juice

11

coconut berry 1640KJ

berries blended with coconut water, coconut yoghurt and banana

11

regular smoothies

9

fruit blended with yoghurt and honey

banana, mixed berry

ICED DRINKS

iced coffee/moccha/chocolate 8.5

iced latte, iced long black

7

berry crush 1020KJ

berries blended with apple juice and ice

9

coffee frappe 709KJ

espresso, milk, ice and ice cream with your choice of syrup (vanilla, caramel or hazelnut)

9

iced bounty 1520KJ

coconut sorbet, chocolate, ice, coconut water and toasted coconut

11

coconut matcha 1440KJ

coconut sorbet, matcha, ice, coconut water and toasted coconut

11



FOR THE LITTLE ONES

fairy bread 964KJ

5.5

fresh sandwich

6.5

fresh sandwich with your choice of jam, honey, vegemite or peanut butter

toasties

7

toasted sandwich with your choice of ham and cheese or cheese and tomato

babycino

free



threebeanscafes



threebeanscoffee

threebeans.com.au

