

BREAKFAST

toast	6.5
with your choice of jam, marmalade, honey, vegemite or peanut butter (turkish, sourdough, rye) gluten free +1	
bacon and egg roll 2150kj	11.5
with a free range egg and free range bacon on a milk bun or turkish bread	
breakfast wrap 2760kj	13.5
made with 2 free range scrambled eggs, cheese, bacon, spinach and tomato relish	
breakfast burrito 3160kj	19.5
free range eggs, grilled chorizo, hash brown, avocado, spinach, cheese and chipotle mayo	
eggs on toast 1690kj	12.5
2 free range eggs (poached, fried or scrambled) on toast -add bacon 5.5, salmon 6, spinach 3	
chilli scrambled 1790kj	17.5
scrambled free range eggs with crispy chilli oil and crumbled marinated feta on sourdough	
eggs benedict 3340kj	13.5
poached eggs with hollandaise served on sourdough add bacon 5.5, salmon 6, spinach 3	
pancakes 3630kj	19.9
with ice cream, maple syrup, honey nuts and berries	
vegetarian stack 2660kj	19.5
with poached eggs, avocado, mushrooms, haloumi and toast	
big breakfast 3863kj	22.5
with 2 eggs, bacon, grilled tomato, mushrooms, hash brown, avocado and toast	
omelette 1840kj	19.9
with mushrooms, spinach, ham, and cheese served with a slice of sourdough toast	
breakfast bruschetta 2640kj	18.9
with smashed avocado, feta, cherry tomatoes, balsamic glaze and one poached egg on sourdough	

SANDWICHES & WRAPS BURGERS

add a side of fries to your sandwich, wrap or burger 4.5

toasties

with your choice of ham and cheese or cheese and tomato

croque monsieur 1880kj

smoked ham, cheese and aioli on turkish

classic chicken 2010kj

free range chicken, mayo, swiss cheese, tomato and mixed leaves on sourdough
make it a club - add bacon and avocado 4

chicken waldorf 2020kj

free range poached chicken, walnuts, celery, mayo and avocado on sourdough or a wrap

vegetarian wrap 1810kj

with a corn and zucchini patty, tomato, avocado, lettuce sour cream and sweet chilli sauce

turkey and brie 2150kj

with shaved turkey, brie cheese, cranberry sauce, rocket and avocado on turkish

ham, cheese croissant 1420kj

with smoked ham and cheese served toasted

honey ricotta mortadella 2380kj 15.9

with mortadella, ricotta, pickled onion, balsamic and honey on turkish

cheese burger 2540kj

beef patty with cheese, lettuce and special burger sauce served on a milk bun

katsu chicken burger 2530kj

crumbed chicken breast with shredded cos, mayonnaise and katsu BBQ sauce on a milk bun

BOWLS

green breakfast bowl 1420kj 18.9

with avocado, quinoa, rice, kale, peas, toasted seeds, haloumi, basil pesto and a free range egg

japanese bowl 1770kj

with brown rice, avocado, kale, spring onion, cabbage, edamame, sesame, pickled ginger, umami dust and ponzu dressing. choice of chicken or smoked salmon

green goddess crunch 2230kj 18.9

with poached chicken, cos, cabbage, avocado, candied walnuts, edamame, toasted seeds, parmesan and green goddess dressing

chicken katsu bowl 2560kj 19.9

brown rice, cabbage, pickled carrot, ponzu, katsu BBQ sauce, mayo, chicken schnitzel and sesame dust

chicken caesar 2080kj 18.9

our caesar salad with cos lettuce, kale, avocado, bacon, croutons, caesar dressing and chicken schnitzel

Please Order at the counter

Sides

GRILLED TOMATO, 1 EGG, SPINACH, HASH BROWN, MUSHROOMS 3.5
HALOUMI, AVOCADO, MARINATED FETA 3.5
HAM, POACHED FREE RANGE CHICKEN, FREE RANGE BACON 6
SMOKED SALMON 7
BOWL OF FRIES with aioli or ketchup 8
BOWL OF SWEET POTATO FRIES served with sweet chilli and sour cream 10

SOMETHING ELSE

cheese melt 1980kj

on sourdough with spicy tomato relish

15.5

corn and zucchini fritters 1010kj

our corn and zucchini fritters served with spicy tomato relish, avocado and rocket, add a poached egg 3

16.9

smashed avocado with bush dust 2610kj

with native macadamia & finger lime bush dust, feta and herbs, served on toasted sourdough

16.9

smashed avocado with honey, chilli haloumi 2080kj

with grilled haloumi, smashed avo, hot honey and crispy chilli oil on toasted sourdough

16.9

pistachio cream waffle 1450kj

hot belgian waffle with fresh strawberries, ice cream, pistachio crumb and pistachio cream

14.9

CREDIT CARD SURCHARGE APPLIES

Please be aware that the food we serve may contain, egg, soy, tree nuts, peanuts, dairy. If you have any allergies, please let the staff know

= gluten free



COFFEE.TEA

coffee

our own sustainable blend sourced from farmers we know and trust

S 4.7
M 5.5
L 6.3

hot chocolate

our hot chocolates and moccas are made with our own blend of 40 % cocoa

S 4.7
M 5.5
L 6.3

alternate milk/ extra shot/ flavour/ decaf

0.8

malabar chai 910KJ

chai leaves brewed with milk, served with honey and cinnamon

taro latte 727KJ 4.7

matcha latte 727KJ 4.7

green matcha blended with milk

tea drop organic teas 5.5

english breakfast, earl grey, chamomile, spring green, peppermint, lemongrass & ginger

ICED DRINKS

iced coffee/moccha/chocolate 7

iced latte, iced chai latte 6

iced long black 6

berry crush 1020KJ 9

berries blended with apple juice and ice

coffee frappe 709KJ 9

espresso, milk, ice and ice cream with your choice of syrup (vanilla, caramel or hazelnut)

iced bounty 1520KJ 10

coconut sorbet, chocolate, ice, coconut water and toasted coconut

coconut matcha 1440KJ 10

coconut sorbet, matcha, ice, coconut water and toasted coconut

SMOOTHIES

Dairy Free

acai smoothie 1420KJ 9

acai berry blended with banana and coconut water

cocoa banana 2080KJ 9

banana, peanut butter, cocoa nibs, almond milk, coconut yoghurt and honey

green machine 828KJ 9

kale, lemon, avocado, coconut water, mint and apple juice

coconut berry 1640KJ 9

berries blended with coconut water, coconut yoghurt and banana

regular smoothies 8

fruit blended with yoghurt and honey
strawberry, banana, mixed berry, mango

strawberry matcha 1640KJ 8

our classic strawberry smoothie poured over green matcha

MILKSHAKES

regular shakes 6

available in all the classic flavours, blended with milk and ice cream

S 6
L 8

cookies and cream 1220KJ 9

cookies, ice cream, chocolate syrup and milk

peanut butter 1480KJ 9

peanut butter, ice cream and chocolate syrup

biscoff 1490KJ 9

lotus biscuit, biscoff cream, ice cream and milk



FOR THE LITTLE ONES

babycino 2

kids egg on toast 7.5

with one free range egg cooked your way on toast

kids pancakes 1210J 7.5

with maple syrup and ice cream



threebeanscoffee

threebeans.com.au

