

BREAKFAST

toast	6.8
with your choice of jam, marmalade, honey, vegemite or peanut butter (turkish, sourdough, rye, granary) gluten free +1	
bacon and egg roll 2150kj	11.5
with a free range egg and free range bacon on a milk bun make it deluxe - add a hash brown, cheese, relish 3	
breakfast wrap 2760kj	14
made with 2 free range scrambled eggs, cheese, bacon and tomato relish- add a hash brown 2	
eggs on toast 1690kj	13.5
2 free range eggs (poached, fried or scrambled) with toast	
eggs benedict 3340kj	15
poached eggs with hollandaise on sourdough served with bacon 20 or smoked salmon 21	
chilli scrambled 1790kj	16
scrambled free range eggs with crispy chilli oil and crumbed marinated feta on sourdough	
pancakes 3630kj	19
with ice cream, maple syrup, honey nuts and berries	
granola 2350kj	16
cocoa granola, berry coulis, seasonal fruit and honey walnuts and toasted coconut	
vegetarian breakfast 2660kj	22
with poached eggs, avocado, mushrooms, grilled tomato, haloumi and toast	
big breakfast 3863kj	23
with 2 eggs, bacon, grilled tomato, mushrooms, hash brown and toast	

SANDWICHES & WRAPS & BURGERS

croque monsieur 1880kj	12.5	the schnitty 2200kj	14.5	honey ricotta mortadella 2380kj	15.5
smoked ham, cheese and aioli on turkish		chicken schnitzel, tomato, rocket and mayonnaise on turkish		with motadella, ricotta, pickled onion, balsamic and honey on turkish	
brat 2380kj	15	green goddess chicken 2440kj	15.5	cheese burger 2540kj	16.5
with free range bacon, avocado, tomato, mayonnaise and rocket on turkish		poached chicken, mayo, candied walnuts, cucumber, cos, cabbage, avocado and green goddess dressing		beef pattie with cheese, lettuce and special burger sauce served on a milk bun add a side of fries 4	
vegetarian wrap 1810kj	15	turkey and brie 2150kj	16.5	katsu chicken burger 2530kj	16.5
with a corn and zucchini pattie, tomato, beetroot, avocado, lettuce, sour cream and sweet chilli sauce		with shaved turkey, brie cheese, cranberry sauce, rocket and avocado on turkish		crumbed chicken breast with shredded cos, mayonnaise and katsu BBQ sauce on a milk bun	
classic chicken 2010kj	15.5	salmon on rye 2140kj	16.5		
free range chicken, mayo, swiss cheese, tomato and mixed leaves on sourdough make it a club - add bacon and avocado 4		smoked salmon, cream cheese, spinach, pickled onion and avocado on rye			

Sides

HASH BROWN, HOLLANDAISE 3
MUSHROOMS, GRILLED TOMATO, 1 EGG 3.5
AVOCADO, SPINACH 3.5
HALOUMI, MARINATED FETA 4.5
HAM, POACHED CHICKEN, BACON, SMOKED SALMON 6

SOMETHING ELSE

cheese melt 1980kj	14
on sourdough with spicy tomato relish	
pumpkin and feta frittata 1980kj	15
served with a mesculun, feta and toasted seed salad, served without salad 11	
corn and zucchini fritters 1010kj	15
our corn and zucchini fritters served with spicy tomato relish, avocado and rocket, add a poached egg 3.5	
smashed avocado with bush dust 2610kj	17
with native macadamia & finger lime bush dust, feta and herbs, served on toasted sourdough	
the OG smashed avocado 2080kj	17
smashed avocado with our marinated feta and semi dried tomatoes on toasted sourdough	

BOWLS

acai 2550kj	18
acai berry blended with banana topped with toasted granola, coconut and fresh fruit	
coconut bowl 2350kj	18
coconut sorbet with cocoa granola, berry coulis, seasonal fruit and toasted coconut	
green goddess crunch 2230kj	18
with poached chicken, cos, cabbage, avocado, candied walnuts, edamame, toasted seeds, parmesan and green goddess dressing	
green breakfast bowl 1420kj	19
with avocado, quinoa, kale, peas, toasted seeds, haloumi, basil pesto and a free range egg	
japanese chicken bowl 1770kj	20
with brown rice, avocado, kale, spring onion, cabbage, edamame, sesame, pickled ginger, poached chicken, umami dust and ponzu dressing	

Please Order at the counter

Please be aware that the food we serve may contain, egg, soy, tree nuts, peanuts, dairy. if you have any allergies, please let the staff know

CREDIT CARD SURCHARGE APPLIES - 10% SURCHARGE PUBLIC HOLIDAYS

= gluten free



COFFEE.TEA

coffee

our own sustainable blend sourced from farmers we know and trust

S 4.8
L 5.8

hot chocolate

our hot chocolates and mocchas are made with our own blend of 40 % cocoa

S 4.8
L 5.8

alternate milk/ extra shot/ flavour

0.8

malabar chai 910KJ

chai leaves brewed with milk, served with honey and cinnamon

6.5

tumeric latte 727KJ

S 5.5
L 6.5

matcha latte 727KJ

green matcha blend with milk

S 5.5
L 6.5

tea drop organic teas

english breakfast, earl grey, chamomile, spring green, peppermint, lemongrass & ginger

5.5

MILKSHAKES

regular shakes

available in all the classic flavours, blended with milk and ice cream

6.5

cookies and cream 1220KJ

cookies, ice cream, chocolate syrup and milk

8.5

peanut butter 1480KJ

peanut butter, ice cream and chocolate syrup

8.5

biscoff 1490KJ

lotus biscuit, biscoff cream, ice cream and milk

8.5

SMOOTHIES

Dairy Free

acai smoothie 1420KJ

acai berry blended with banana and coconut water

9.5

cocoa banana 2080KJ

banana, peanut butter, cocoa nibs, almond milk, coconut yoghurt and honey

9.5

green machine 828KJ

kale, lemon, avocado, coconut water, mint and apple juice

9.5

coconut berry 1640KJ

berries blended with coconut water, coconut yoghurt and banana

9.5

regular smoothies

fruit blended with yoghurt and honey
strawberry, banana, mixed berry

8.5

ICED DRINKS

iced coffee/moccha/chocolate 8.5

berry crush 1020KJ

berries blended with apple juice and ice

8.5

coffee frappe 709KJ

espresso, milk, ice and ice cream with your choice of syrup (vanilla, caramel or hazelnut)

8.5

moccha frappe 1460KJ

espresso, milk, chocolate, ice and ice cream

8.5

iced bounty 1520KJ

coconut sorbet, chocolate, ice, coconut water and toasted coconut

9.5

coconut matcha 1440KJ

coconut sorbet, matcha, ice, coconut water and toasted coconut

9.5



orange juice 559KJ

6.5

FOR THE LITTLE ONES

fairy bread 964KJ

5.5

fresh sandwich

fresh sandwich with your choice of jam, honey, vegemite or peanut butter

7

kids toasties

your choice of cheese, ham and cheese or cheese and tomato

10

babycino

2.5



threebeanscafes



threebeanscoffee

threebeans.com.au

