

# BREAKFAST

## toast 6.5

with your choice of jam, marmalade, honey, vegemite or peanut butter (turkish, sourdough, rye)  
gluten free +1

## ham, cheese croissant 1420kj 11

smoked ham and cheese croissant served toasted

## banana bread 2000kj 6.8

made to our secret recipe, toasted, served with butter

## bacon and egg roll 2150kj 11.5

with a free range egg and free range bacon on a milk bun  
make it deluxe - add a hash brown, cheese, relish 5

## breakfast wrap 2760kj 15.5

made with 2 free range scrambled eggs, cheese, bacon and tomato relish- add a hash brown 2

## eggs on toast 1390kj 12

2 free range eggs (poached, fried or scrambled) and toast - add free range bacon 6

## chilli scrambled 1790kj 16.5

scrambled free range eggs with crispy chilli oil and crumbled marinated feta on sourdough

## eggs benedict 3340kj 19

poached eggs with hollandaise served with your choice of bacon, ham or smoked salmon on toast

## pistachio cream waffle 15

hot belgian waffle with fresh strawberries, ice cream, pistachio crumb and pistachio cream

## omelette 1840kj 17

with mushrooms, spinach, tomato and cheese with a slice of sourdough toast - add bacon 3

## pancakes 3830kj 18.5

pancakes with ice cream, honey roasted nuts, berry coulis, maple syrup and seasonal fruit

## vegetarian breakfast 2660kj 22

with 2 eggs, avocado, mushrooms, grilled tomato, haloumi and toast

## big breakfast 3863kj 24

with 2 eggs, bacon, sausage, avocado, mushrooms, hash brown and toast

# SANDWICHES & WRAPS

## croque monsieur 1880kj

smoked ham, cheese and aioli on turkish

## 11

## the schnitty 2200kj

chicken schnitzel, tomato, rocket and mayonnaise on turkish

## 15

## vegetarian wrap 1810kj

with a corn and zucchini patty, tomato, beetroot hummus, avocado, lettuce, sour cream and sweet chilli sauce

## 16

## haloumi turkish 1940kj

grilled haloumi, fresh tomato, spinach and pesto on turkish

## 16

## classic chicken 2010kj

free range chicken, mayo, swiss cheese, tomato and mixed leaves on sourdough  
make it a club - add bacon and avocado 4

## 16

## chicken waldorf 2020kj

free range poached chicken, walnuts, celery, mayo and avocado on turkish

## 16

## turkey and brie 2150kj

with shaved turkey, brie cheese, cranberry sauce, rocket and avocado on turkish

## 17

## BLAT 2380kj

free range bacon, avocado, tomato, lettuce and mayo on turkish

## 16

# Sides

GRILLED TOMATO, 1 EGG, SPINACH, AVOCADO, HASH BROWN 3.5  
HALOUMI, MARINATED FETA 4.8  
HAM, POACHED FREE RANGE CHICKEN, FREE RANGE BACON 6  
SMOKED SALMON 8  
BOWL OF FRIES 9 SIDE OF FRIES 6

# BURGERS

## cheese burger 2540kj

beef patty with cheese, lettuce, tomato and special burger sauce served on a milk bun, add a side of fries 4

## 16

## katsu chicken burger 2530kj

crumbed chicken breast with shredded cos, mayonnaise and katsu BBQ sauce on a milk bun  
add a side of fries 4

## 16

# BOWLS

## acai 2550kj

acai berry blended with banana topped with toasted granola, coconut and fresh fruit

## 18

## green breakfast bowl 1420kj

with avocado, quinoa and brown rice, kale, peas, toasted seeds haloumi, basil pesto and a free range egg

## 19

## japanese chicken bowl 1770kj

with brown rice, avocado, kale, cabbage, edamame, sesame, pickled ginger, poached chicken, umami dust and ponzu dressing

## 19

## chicken caesar 2080kj

our caesar salad with cos lettuce, kale, avocado, bacon, croutons, caesar dressing and chicken schnitzel  
swap chicken for salmon 26.9

## 19

# SOMETHING ELSE

## cheese melt 1980kj

on sourdough with spicy tomato relish - add avocado and chicken 6

## 11

## corn and zucchini fritters 1010kj

our corn and zucchini fritters served with spicy tomato relish, avocado and rocket, add a poached egg 2.5

## 16

## smashed avocado with bush dust 2610kj

with native macadamia & finger lime bush dust, feta and herbs, served on toasted sourdough

## 16

## smashed avocado with grilled haloumi 2080kj

with grilled haloumi, pesto and semi dried tomatoes on toasted sourdough

## 18

## mushroom sourdough 2660kj

with sauteed mushrooms, marinated feta, bush dust and a poached egg on sourdough

## 16

Please Order at the counter



Please be aware that the food we serve may contain, egg, soy, tree nuts, peanuts, dairy. If you have any allergies, please let the staff know

CREDIT CARD SURCHARGE APPLIES

10% SURCHARGE PUBLIC HOLIDAYS

= gluten free

# COFFEE.TEA

## coffee

our own sustainable blend sourced from farmers we know and trust

S 4.8  
M 5.5  
L 6.2

## hot chocolate

our hot chocolates and moccahs are made with our own blend of 40 % cocoa

S 4.8  
M 5.5  
L 6.2

## alternate milk / flavour shot

## malabar chai 910KJ

chai leaves brewed with milk, served with honey and cinnamon

## tumeric latte 727KJ

golden latte with all the spice

## matcha latte 727KJ

green matcha blend with milk

## tea drop organic teas

english breakfast, earl grey, chamomile, spring green, peppermint, lemongrass & ginger

# ICED DRINKS

## iced coffee/moccha/chocolate 8.5

## iced latte, iced long black 6.5

## iced choc chai 1660kj

chocolate and chai with ice cream and milk

## berry crush 1020KJ

berries blended with apple juice and ice

## coffee frappe 709KJ

espresso, milk, ice and ice cream with your choice of syrup ( vanilla, caramel or hazelnut )

# SMOOTHIES

## Dairy Free

### acai smoothie 1420KJ 9.5

acai berry blended with banana and coconut water

### cocoa banana 2080KJ 9.5

banana, peanut butter, cocoa nibs, almond milk, coconut yoghurt and honey

### green machine 828KJ 9.5

kale, lemon, avocado, coconut water, mint and apple juice

### coconut berry 1640KJ 9.5

berries blended with coconut water, coconut yoghurt and banana

### regular smoothies 8.5

fruit blended with yoghurt and honey  
strawberry, banana, mixed berry

### strawberry matcha 1640KJ 9

our classic strawberry smoothie, poured over green matcha

# MILKSHAKES

## regular shakes

available in all the classic flavours, blended with milk and ice cream thickshake + 1.5

S 6

L 8

### cookies and cream 1220KJ 9.5

cookies, ice cream, chocolate syrup and milk

### peanut butter 1480KJ 9.5

peanut butter, ice cream and chocolate syrup

### biscoff 1490KJ 9.5

lotus biscuit, biscoff cream, ice cream and milk



# FOR THE LITTLE ONES

## babycino 2

## fairy bread 964KJ 5

## fresh sandwich 6

fresh sandwich with your choice of jam, honey, vegemite or peanut butter

## toasties from 9

toasted sandwich with your choice of ham and cheese or cheese and tomato

## kids pancakes 1210kj 10

with maple syrup and ice cream add fruit + 2

## nuggets & chips 2080kj 9.5

chicken nuggets served with fries



threebeanscafes



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