

BREAKFAST

toast 6.5

with your choice of jam, marmalade, honey, vegemite or peanut butter (turkish, sourdough, rye)
gluten free +1

ham, cheese croissant 1420kj 11

smoked ham and cheese croissant served toasted

banana bread 2000kj 6.8

made to our secret recipe, toasted, served with butter

bacon and egg roll 2150kj 11.5

with a free range egg and free range bacon on a milk bun make it deluxe - add a hash brown, cheese, relish 5

breakfast wrap 2760kj 15.5

made with 2 free range scrambled eggs, cheese, bacon and tomato relish- add a hash brown 2

eggs on toast 1390kj 12

2 free range eggs (poached, fried or scrambled) and toast - add free range bacon 6

chilli scrambled 1790kj 16.5

scrambled free range eggs with crispy chilli oil and crumbled marinated feta on sourdough

eggs benedict 3340kj 19

poached eggs with hollandaise served with your choice of bacon, ham or smoked salmon on toast

pistachio cream waffle 15

hot belgian waffle with fresh strawberries, ice cream, pistachio crumb and pistachio cream

omelette 1840kj 17

with mushrooms, spinach, tomato and cheese with a slice of sourdough toast - add bacon 3

pancakes 3830kj 18.5

pancakes with ice cream, honey roasted nuts, berry coulis, maple syrup and seasonal fruit

vegetarian breakfast 2660kj 22

with 2 eggs, avocado, mushrooms, grilled tomato, haloumi and toast

big breakfast 3863kj 24

with 2 eggs, bacon, sausage, avocado, mushrooms, hash brown and toast

SANDWICHES & WRAPS

croque monsieur 1880kj 11

smoked ham, cheese and aioli on turkish

vegetarian wrap 1810kj 16

with a corn and zucchini pattie, tomato, beetroot hummus, avocado, lettuce, sour cream and sweet chilli sauce

classic chicken 2010kj 16

free range chicken, mayo, swiss cheese, tomato and mixed leaves on sourdough
make it a club - add bacon and avocado 4

turkey and brie 2150kj 17

with shaved turkey, brie cheese, cranberry sauce, rocket and avocado on turkish

the schnitty 2200kj 15

chicken schnitzel, tomato, rocket and mayonnaise on turkish

haloumi turkish 1940kj 16

grilled haloumi, fresh tomato, spinach and pesto on turkish

chicken waldorf 2020kj 16

free range poached chicken, walnuts, celery, mayo and avocado on turkish

BLAT 2380kj 16

free range bacon, avocado, tomato, lettuce and mayo on turkish

Sides

GRILLED TOMATO, 1 EGG, SPINACH, AVOCADO, HASH BROWN 3.5
HALOUMI, MARINATED FETA 4.8
HAM, POACHED FREE RANGE CHICKEN, FREE RANGE BACON 6
SMOKED SALMON 8
BOWL OF FRIES 9 SIDE OF FRIES 6

SOMETHING ELSE

cheese melt 1980kj 11

on sourdough with spicy tomato relish - add avocado and chicken 6

corn and zucchini fritters 1010kj 16

our corn and zucchini fritters served with spicy tomato relish, avocado and rocket, add a poached egg 2.5

smashed avocado with bush dust 2610kj 16

with native macadamia & finger lime bush dust, feta and herbs, served on toasted sourdough

smashed avocado with grilled haloumi 2080kj 18

with grilled haloumi, pesto and semi dried tomatoes on toasted sourdough

mushroom sourdough 2660kj 16

with sauteed mushrooms, marinated feta, bush dust and a poached egg on sourdough

Please be aware that the food we serve may contain, egg, soy, tree nuts, peanuts, dairy. if you have any allergies, please let the staff know

CREDIT CARD SURCHARGE APPLIES 10% SURCHARGE PUBLIC HOLIDAYS

BURGERS

cheese burger 2540kj 16

beef pattie with cheese, lettuce, tomato and special burger sauce served on a milk bun, add a side of fries 4

katsu chicken burger 2530kj 16

crumbed chicken breast with shredded cos, mayonnaise and katsu BBQ sauce on a milk bun add a side of fries 4

BOWLS

acai 2550kj 18

acai berry blended with banana topped with toasted granola, coconut and fresh fruit

green breakfast bowl 1420kj 19

with avocado, quinoa and brown rice, kale, peas, toasted seeds haloumi, basil pesto and a free range egg

japanese chicken bowl 1770kj 19

with brown rice, avocado, kale, cabbage, edamame, sesame, pickled ginger, poached chicken, umami dust and ponzu dressing

chicken caesar 2080kj 19

our caesar salad with cos lettuce, kale, avocado, bacon, croutons, caesar dressing and chicken schnitzel swap chicken for salmon 26.9

Please Order at the counter

= gluten free



COFFEE.TEA

coffee

our own sustainable blend sourced from farmers we know and trust

S 4.8
M 5.5
L 6.2

hot chocolate

our hot chocolates and moccas are made with our own blend of 40 % cocoa

S 4.8
M 5.5
L 6.2

alternate milk / flavour shot

0.8

malabar chai 910KJ

chai leaves brewed with milk, served with honey and cinnamon

6.5

tumeric latte 727KJ

golden latte with all the spice

5.5

matcha latte 727KJ

green matcha blend with milk

5.5

tea drop organic teas

english breakfast, earl grey, chamomile, spring green, peppermint, lemongrass & ginger

5.5

ICED DRINKS

iced coffee/moccha/chocolate 8.5

iced latte, iced long black 6.5

iced choc chai 1660kj 8.5

chocolate and chai with ice cream and milk

berry crush 1020KJ 9

berries blended with apple juice and ice

coffee frappe 709KJ 9

espresso, milk, ice and ice cream with your choice of syrup (vanilla, caramel or hazelnut)

SMOOTHIES

Dairy Free

acai smoothie 1420KJ 9.5

acai berry blended with banana and coconut water

cocoa banana 2080KJ 9.5

banana, peanut butter, cocoa nibs, almond milk, coconut yoghurt and honey

green machine 828KJ 9.5

kale, lemon, avocado, coconut water, mint and apple juice

coconut berry 1640KJ 9.5

berries blended with coconut water, coconut yoghurt and banana

regular smoothies 8.5

fruit blended with yoghurt and honey
strawberry, banana, mixed berry

strawberry matcha 1640KJ 9

our classic strawberry smoothie, poured over green matcha

MILKSHAKES

regular shakes S 6

available in all the classic flavours, blended with milk and ice cream thickshake + 1.5

L 8

cookies and cream 1220KJ 9.5

cookies, ice cream, chocolate syrup and milk

peanut butter 1480KJ 9.5

peanut butter, ice cream and chocolate syrup

biscoff 1490KJ 9.5

lotus biscuit, biscoff cream, ice cream and milk



FOR THE LITTLE ONES

babycino 2

fairy bread 964KJ 5

fresh sandwich 6

fresh sandwich with your choice of jam, honey, vegemite or peanut butter

toasties from 9

toasted sandwich with your choice of ham and cheese or cheese and tomato

kids pancakes 1210KJ 10

with maple syrup and ice cream add fruit + 2

nuggets & chips 2080kj 9.5

chicken nuggets served with fries



threebeanscafes



threebeanscoffee

threebeans.com.au

