

BREAKFAST

toast	7.9
with your choice of jam, marmalade, honey, vegemite or peanut butter (turkish, sourdough, rye) gluten free +1	
banana bread 2000kj	7.9
made to our secret recipe, toasted, served with butter	
bacon and egg roll 2150kj	14.9
with a free range egg and free range bacon on a milk bun	
breakfast wrap 2760kj	16.9
made with 2 free range scrambled eggs, cheese, bacon and tomato relish	
eggs on toast 1690kj	14.9
2 free range eggs (poached, fried or scrambled) served with toast	
eggs benedict 3340kj	19.9
poached eggs with hollandaise on toast with your choice of ham or spinach	
chilli scrambled 1790kj	19
scrambled free range eggs with crispy chilli oil and crumbled marinated feta on sourdough	
pancakes 3830kj	22.9
with marcapone or ice cream, maple syrup, almonds and berries	
vegetarian breakfast 2660kj	22.9
with poached eggs, avocado, mushrooms, grilled tomato, spinach, haloumi and toast	
big breakfast 3860kj	25.9
with 2 eggs, bacon or salmon, grilled tomato, mushrooms, hash brown, spinach and toast	

SANDWICHES & WRAPS

haloumi turkish 194kj	17.9	turkey and brie 2150kj	16.9	cheese burger 2540kj	19.9
grilled haloumi, fresh tomatoes, spinach and pesto on turkish bread		with shaved turkey, brie cheese, cranberry sauce, rocket and avocado		beef patty with cheese, lettuce and special burger sauce served on a milk bun served with fries	
the schnitty 2200kj	18.9	BRAT 2380kj	19.9		
chicken schnitzel, tomato, mixed leaves and mayonnaise on turkish		with free range bacon, rocket, avocado, tomato and mayo on turkish			
classic chicken 2010kj	18.9	honey ricotta mortadella 2380kj	18.9		
free range chicken, mayo, swiss cheese, tomato and mixed leaves on sourdough		with mortadella, ricotta, pickled onion, balsamic and honey on turkish			

Sides

1 EGG, GRILLED TOMATO, HASH BROWN 3.5
MUSHROOMS, AVOCADO, MARINATED FETA 4.5
HAM, HALOUMI, CHORIZO, POACHED CHICKEN, FREE RANGE BACON 6
SMOKED SALMON 7

SOMETHING ELSE

cheese melt 1980kj	13.9
on sourdough with spicy tomato relish	
corn and zucchini fritters 1010kj	18.9
our corn and zucchini fritters served with spicy tomato relish, avocado and rocket, add a poached egg 3.5	
smashed avocado with bush dust 2610kj	18.9
with native macadamia & finger lime bush dust, feta and herbs, served on toasted sourdough	
the OG smashed avocado 2080kj	18.9
smashed avocado with our marinated feta and semi dried tomatoes on toasted sourdough	
smashed avocado with grilled haloumi 2080kj	18.9
with grilled haloumi, pesto and semi dried tomatoes on toasted sourdough	

Please be aware that the food we serve may contain, egg, soy, tree nuts, peanuts, dairy. If you have any allergies, please let the staff know
CREDIT CARD SURCHARGE APPLIES - 10% SURCHARGE SUNDAYS, 15% SURCHARGE PUBLIC HOLIDAYS

Please Order at the counter

= gluten free

BOWLS

acai 2550kj	18.9
acai berry blended with banana topped with toasted granola, coconut and fresh fruit	
green breakfast bowl 1420kj	20.9
with avocado, quinoa, rice, kale, peas, toasted seeds, haloumi, basil pesto and a free range egg	
green goddess crunch 2230kj	20.9
with poached chicken, cos, cabbage, avocado, candied walnuts, edamame, toasted seeds, parmesan and green goddess dressing	
japanese chicken bowl 1770kj	22.9
with brown rice, avocado, kale, spring onion, cabbage, edamame, sesame, pickled ginger, poached chicken, umami dust and ponzu dressing	



COFFEE.TEA

coffee

our own sustainable blend sourced from farmers we know and trust

S 5
L 5.7

hot chocolate

our hot chocolates and moccahs are made with our own blend of 40 % cocoa

S 5
L 5.7

alternate milk/ extra shot/ flavour/ decaf

0.9

malabar chai 910KJ

chai leaves brewed with milk, served with honey and cinnamon

7

tumeric latte 727KJ

S 5.5
L 6.2

matcha latte 727KJ

green matcha blended with milk

S 5.5
L 6.2

tea drop organic teas

english breakfast, earl grey, chamomile, spring green, peppermint, lemongrass & ginger

5

ICED DRINKS

iced coffee/moccha/chocolate 7.9

iced latte, iced chai latte 7

iced long black 6.5

berry crush 1020KJ 8

berries blended with apple juice and ice

coffee frappe 709KJ 8

espresso, milk, ice and ice cream with your choice of syrup (vanilla, caramel or hazelnut)

SMOOTHIES

Dairy Free

acai smoothie 1420KJ

acai berry blended with banana and coconut water

11

cocoa banana 2080KJ

banana, peanut butter, cocoa nibs, almond milk, coconut yoghurt and honey

11

green machine 828KJ

kale, lemon, avocado, coconut water, mint and apple juice

11

coconut berry 1640KJ

berries blended with coconut water, coconut yoghurt and banana

11

coconut matcha

coconut water with vanilla syrup and ice topped with whipped matcha cream

9

regular smoothies

fruit blended with yoghurt and honey
strawberry, banana, mixed berry

8.5

MILKSHAKES

regular shakes

available in all the classic flavours, blended with milk and ice cream - thickshake add 2

8

cookies and cream 1220KJ

cookies, ice cream, chocolate syrup and milk

9

peanut butter 1480KJ

peanut butter, ice cream and chocolate syrup

9

biscoff 1490KJ

lotus biscuit, biscoff cream, ice cream and milk

9



FOR THE LITTLE ONES

fairy bread 964KJ

4

fresh sandwich

4

fresh sandwich with your choice of jam, honey, vegemite or peanut butter

toasties

9

cheese 860kj

10

ham and tomato 920kj

11.5

ham, tomato and cheese 1050kj

babycino

2



threebeanscafes



threebeanscoffee

threebeans.com.au

