

BREAKFAST

toast 7.9

with your choice of jam, marmalade, honey, vegemite or peanut butter (turkish, sourdough, rye)
gluten free +1

banana bread 2000kj 7.9

made to our secret recipe, toasted, served with butter

bacon and egg roll 2150kj 14.9

with a free range egg and free range bacon on a milk bun

breakfast wrap 2760kj 16.9

made with 2 free range scrambled eggs, cheese, bacon and tomato relish

eggs on toast 1690kj 14.9

2 free range eggs (poached, fried or scrambled)
served with toast

eggs benedict 3340kj 19.9

poached eggs with hollandaise on toast with your choice of ham or spinach

chilli scrambled 1790kj 19

scrambled free range eggs with crispy chilli oil and crumbled marinated feta on sourdough

pancakes 3830kj 22.9

with marscapone or ice cream, maple syrup, almonds and berries

vegetarian breakfast 2660kj 22.9

with poached eggs, avocado, mushrooms, grilled tomato, spinach, haloumi and toast

big breakfast 3860kj 25.9

with 2 eggs, bacon or salmon, grilled tomato, mushrooms, hash brown, spinach and toast

SANDWICHES & WRAPS BURGERS

haloumi turkish 194kj 17.9

grilled haloumi, fresh tomatoes, spinach and pesto on turkish bread

the schnitty 2200kj 18.9

chicken schnitzel, tomato, mixed leaves and mayonnaise on turkish

classic chicken 2010kj 18.9

free range chicken, mayo, swiss cheese, tomato and mixed leaves on sourdough

turkey and brie 2150kj 16.9

with shaved turkey, brie cheese, cranberry sauce, rocket and avocado

BRAT 2380kj 19.9

with free range bacon, rocket, avocado, tomato and mayo on turkish

honey ricotta mortadella 2380kj 18.9

with mortadella, ricotta, pickled onion, balsamic and honey on turkish

cheese burger 2540kj 19.9

beef patty with cheese, lettuce and special burger sauce served on a milk bun
served with fries

BOWLS

acai 2550kj 18.9

acai berry blended with banana topped with toasted granola, coconut and fresh fruit

green breakfast bowl 1420kj 20.9

with avocado, quinoa, rice, kale, peas, toasted seeds, haloumi, basil pesto and a free range egg

green goddess crunch 2230kj 20.9

with poached chicken, cos, cabbage, avocado, candied walnuts, edamame, toasted seeds, parmesan and green goddess dressing

japanese chicken bowl 1770kj 22.9

with brown rice, avocado, kale, spring onion, cabbage, edamame, sesame, pickled ginger, poached chicken, umami dust and ponzu dressing

Sides

1 EGG, GRILLED TOMATO, HASH BROWN 3.5
MUSHROOMS, AVOCADO, MARINATED FETA 4.5
HAM, HALOUMI, CHORIZO, POACHED CHICKEN, FREE RANGE BACON 6
SMOKED SALMON 7

SOMETHING ELSE

cheese melt 1980kj 13.9

on sourdough with spicy tomato relish

corn and zucchini fritters 1010kj 18.9

our corn and zucchini fritters served with spicy tomato relish, avocado and rocket, add a poached egg 3.5

smashed avocado with bush dust 2610kj 18.9

with native macadamia & finger lime bush dust, feta and herbs, served on toasted sourdough

the OG smashed avocado 2080kj 18.9

smashed avocado with our marinated feta and semi dried tomatoes on toasted sourdough

smashed avocado with grilled haloumi 2080kj 18.9

with grilled haloumi, pesto and semi dried tomatoes on toasted sourdough

fries 981kj 9.9

served with aioli or ketchup

sweet potato fries 1280kj 11.9

served with sweet chilli and sour cream

Please Order at the counter

Please be aware that the food we serve may contain, egg, soy, tree nuts, peanuts, dairy. if you have any allergies, please let the staff know

CREDIT CARD SURCHARGE APPLIES - 10 % SURCHARGE SUNDAYS, 15% SURCHARGE PUBLIC HOLIDAYS

= gluten free



COFFEE.TEA

coffee

our own sustainable blend sourced from farmers we know and trust

S 5
L 5.7

hot chocolate

our hot chocolates and mocchas are made with our own blend of 40 % cocoa

S 5
L 5.7

alternate milk/ extra shot/ flavour/ decaf

0.9

malabar chai 910KJ

chai leaves brewed with milk, served with honey and cinnamon

7

tumeric latte 727KJ

S 5.5
L 6.2

matcha latte 727KJ

green matcha blended with milk

S 5.5
L 6.2

tea drop organic teas

english breakfast, earl grey, chamomile, spring green, peppermint, lemongrass & ginger

5

ICED DRINKS

iced coffee/moccha/chocolate 7.9

iced latte, iced chai latte 7

iced long black 6.5

berry crush 1020KJ 8

berries blended with apple juice and ice

coffee frappe 709KJ 8

espresso, milk, ice and ice cream with your choice of syrup (vanilla, caramel or hazelnut)

SMOOTHIES

Dairy Free

acai smoothie 1420KJ 11

acai berry blended with banana and coconut water

cocoa banana 2080KJ 11

banana, peanut butter, cocoa nibs, almond milk, coconut yoghurt and honey

green machine 828KJ 11

kale, lemon, avocado, coconut water, mint and apple juice

coconut berry 1640KJ 11

berries blended with coconut water, coconut yoghurt and banana

coconut matcha 9

coconut water with vanilla syrup and ice topped with whipped matcha cream

regular smoothies 8.5

fruit blended with yoghurt and honey
strawberry, banana, mixed berry

MILKSHAKES

regular shakes 8

available in all the classic flavours, blended with milk and ice cream - thickshake add 2

cookies and cream 1220KJ 9

cookies, ice cream, chocolate syrup and milk

peanut butter 1480KJ 9

peanut butter, ice cream and chocolate syrup

biscoff 1490KJ 9

lotus biscuit, biscoff cream, ice cream and milk



FOR THE LITTLE ONES

fairy bread 964KJ 4

fresh sandwich 4

fresh sandwich with your choice of jam, honey, vegemite or peanut butter

toasties 9

cheese 860kj

ham and tomato 920kj 10

ham, tomato and cheese 1050kj 11.5

babycino 2



threebeanscafes



threebeanscoffee

threebeans.com.au

