

BREAKFAST

toast	7
with your choice of jam, marmalade, honey, vegemite or peanut butter (turkish, sourdough, rye, white) gluten free +2	
ham, cheese croissant 1420kj	11
smoked ham and cheese croissant served toasted	
bacon and egg roll 2150kj	12.5
with a free range egg and free range bacon on a milk bun make it deluxe - add a hash brown, cheese, relish +4	
breakfast wrap 2760kj	15
made with 2 free range scrambled eggs, cheese, bacon and tomato relish- add a hash brown 3.5	
french toast 3460kj	18
brioche french toast served with seasonal fruits and maple syrup	
chilli scrambled 1790kj	18
scrambled free range eggs with crispy chilli oil and crumbled marinated feta on sourdough	
eggs benedict 3340kj	16
poached eggs with hollandaise served with bacon 20 or smoked salmon 22	
eggs on toast 1690kj	12
2 free range eggs (poached, fried or scrambled) and toast - add something from sides	
omelette 1840kj	18
with mushrooms, spinach, tomato and cheese with a slice of sourdough toast - add bacon 3	
pistachio cream waffle 1450kj	15
hot belgian waffle with fresh strawberries, marscapone, pistachio crumb and pistachio cream	
vegetarian breakfast 2660kj	23
with 2 eggs, avocado, mushrooms, grilled tomato, haloumi, spinach and toast	
big breakfast 3863kj	25
with 2 eggs, bacon, sausage, avocado, mushrooms, hash brown and toast	

Please Order at the counter

SANDWICHES & WRAPS & BURGERS

the schnitty 2200kj	15	ricotta basil turkish 1940kj	15	beef burger 2540kj	16
chicken schnitzel, tomato, mixed leaves and mayonnaise on turkish		ricotta, basil pesto, tomato, avocado and rocket on turkish		beef pattie with cheese, pickled onions, greens, tomato, burger sauce, served on a milk bun add fries +3	
pesto chicken 2460kj	17	turkey and brie 2150kj	18	katsu chicken burger 2530kj	16
poached chicken, basil mayonnaise, avocado, and mixed leaves served on sourdough		with shaved turkey, brie cheese, cranberry sauce, mixed leaves and avocado on turkish		crumbed chicken breast with shredded cos, mayonnaise and katsu BBQ sauce on a milk bun add fries +3	
haloumi turkish 1940kj	16	salmon on rye 2140kj	18		
grilled haloumi, fresh tomato, spinach and pesto on turkish		smoked salmon, cream cheese, spinach, pickled onion and avocado on rye			
classic chicken 2010kj	17				
free range chicken, mayo, swiss cheese, tomato and mixed leaves on sourdough					

Sides

GRILLED TOMATO, HASH BROWN 3.5 MUSHROOMS, 1 EGG, AVOCADO 4
HAM, POACHED FREE RANGE CHICKEN, FREE RANGE BACON 6
SMOKED SALMON 8
BOWL OF FRIES with aioli or ketchup 7.5
BOWL OF SWEET POTATO FRIES served with sweet chilli and sour cream 9.5

SOMETHING ELSE

cheese melt 1980kj	12
on sourdough with tomato relish - add avocado and chicken 6	
corn and zucchini fritters 1010kj	16
our corn and zucchini fritters served with tomato relish, avocado and mixed leaves, add a poached egg 4	
smashed avocado with honey, chilli haloumi 2080kj	18
with grilled haloumi, smashed avo, hot honey and crispy chilli oil on toasted sourdough	
smashed avocado with bush dust 2610kj	16.5
with native macadamia & finger lime bush dust, feta and herbs, served on toasted rye add an egg 3.5, add bacon 5	
mushroom sourdough 2660kj	17
with sauteed mushrooms, marinated feta, bush dust and a poached egg on sourdough	

BOWLS

coconut bowl 2350kj	17
coconut sorbet with cocoa granola, berry coulis, seasonal fruit and toasted coconut	
acai 2550kj	18
acai berry blended with banana topped with toasted granola, coconut and fresh fruit	
green breakfast bowl 1420kj	19
with avocado, quinoa, kale, peas, toasted seeds, haloumi, basil pesto and a free range egg	
japanese chicken bowl 1770kj	19
with brown rice, avocado, kale, cabbage, edamame, sesame, pickled ginger, poached chicken, umami dust and ponzu dressing	
green goddess crunch 2230kj	19
with poached chicken, cos, cabbage, avocado, candied walnuts, edamame, toasted seeds, parmesan and green goddess dressing	

Please be aware that the food we serve may contain, egg, soy, tree nuts, peanuts, dairy. if you have any allergies, please let the staff know

CREDIT CARD SURCHARGE APPLIES - 10% SURCHARGE PUBLIC HOLIDAYS

= gluten free



COFFEE.TEA

coffee

our own sustainable blend sourced from farmers we know and trust

S 4.7
M 5.4
L 6.1

hot chocolate

our hot chocolates and mocchas are made with our own blend of 40 % cocoa

S 4.7
M 5.4
L 6.1

alternate milk, flavour, decaf, dirty chai

0.7

malabar chai 910KJ

chai leaves brewed with milk, served with honey and cinnamon

6.8

matcha /tumeric latte

blended with milk

S 5.2
L 5.9

tea drop organic teas

english breakfast, earl grey, chamomile, spring green, peppermint, lemongrass & ginger

5.5

MILKSHAKES

regular shakes

available in all the classic flavours, blended with milk and ice cream - THICKSHAKE +1.5

S 6
L 7.5

cookies and cream 1220KJ

cookies, ice cream, chocolate syrup and milk

8.8

peanut butter 1480KJ

peanut butter, ice cream and chocolate syrup

8.8

FRESHLY SQUEEZED JUICE

ask for available fruits

S 7
L 9

SMOOTHIES

Dairy Free

acai smoothie 1420KJ

acai berry blended with banana and coconut water

9.8

cocoa banana 2080KJ

banana, peanut butter, cocoa nibs, almond milk, coconut yoghurt and honey

9.8

green machine 828KJ

kale, lemon, avocado, coconut water, mint and apple juice

9.8

coconut berry 1640KJ

berries blended with coconut water, coconut yoghurt and banana

9.8

regular smoothies

fruit blended with yoghurt and honey
strawberry, banana, mixed berry

8.5

ICED DRINKS

iced coffee /chocolate

7.5

iced moccha

8

iced long black/ latte

6.5

berry crush 1020KJ

berries blended with apple juice and ice

8.5

coffee frappe 709KJ

espresso, milk, ice and ice cream with your choice of syrup (vanilla, caramel or hazelnut)

8.5

iced bounty 1520KJ

coconut sorbet, chocolate, ice, coconut water and toasted coconut

11.9

coconut matcha 1440KJ

coconut sorbet, matcha, ice, coconut water and toasted coconut

11.9



FOR THE LITTLE ONES

babycino

2.5

fairy bread 964kj

5

kids pancakes 1210KJ

10

with maple syrup and ice cream

toasties

from 8

your choice of cheese, ham, tomato

nuggets & chips 2080kj

9.5

chicken nuggets served with fries



threebeanscafes



threebeanscoffee

threebeans.com.au

